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Samaritan Healthcare 801 E. Wheeler Road Moses Lake, WA

# Samaritan Summer 2023 Samaritan Samaritan Summer 2023 Samaritan Summer 2023 Samaritan Samarita



## THANK YOU! THANK YOU! THANK YOU!

#### When a community hospital is strengthened, the entire community is strengthened

All of us at Samaritan Healthcare would like to thank our hospital district voters who came out to support community-owned healthcare. Voters supported in favor, 65.98%, of a bond to pay part of the cost of the new hospital.

This election was a community effort with so many great stories of support. From the Friends of Healthcare, to residents and employees who attended meetings, and so many businesses that proudly showed their support for this community effort.

"On behalf of our board, the staff, and all of us at Samaritan Healthcare we say thank you to our community! We are grateful for your incredible support," said Theresa Sullivan. "The support from the people of our district means so much to our staff and providers who work tirelessly each and every day to provide care to our community. Today, this decision demonstrates when

a community hospital is strengthened, the entire community is strengthened!"

This effort would not have been made possible without Samaritan's Board of Commissioners, Katherine Christian, Dale Paris, Allan White, Susan Carbon, and Tom Frick, who collectively believe in a vision that supports the development of healthcare facilities and services for the residents of our region. We anticipate groundbreaking later this year, and look to opening the new campus in 2026.

In the coming months, we'll provide updates on groundbreaking and the construction timeline. Watch for information in this newsletter, on our website, and on social media (Facebook, Instagram, and LinkedIn).

Learn more about the new hospital at www.samaritanhealthcare.com.



## Dr. Amidi helps patients put their best foot forward.

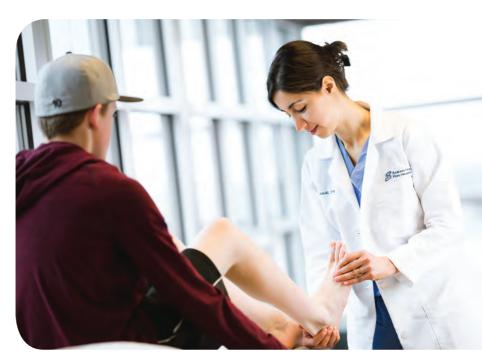
You were fine when you went to bed, but by morning your heel was too painful to walk on comfortably—or perhaps your heel pain gradually increased until it could no longer be ignored. You may have plantar fasciitis.

The good news is that Samaritan has a full-time podiatrist, Arezou Amidi, DPM. For those who may wonder what a podiatrist does, she sums it up simply: "Anything that is related to the foot and ankle." For those with pain or injuries to their feet or ankles, Dr. Amidi provides both surgical and non-surgical care for a wide variety of conditions—including plantar fasciitis.

"The plantar fascia tissue is found on the bottom of the foot and when it's frequently stretched, it may become torn, painful, and irritated," said Dr. Amidi. "Plantar fasciitis often occurs in those who spend a lot of time on their feet, but it can happen to anyone. Non-surgical treatments and over-the-counter medications are usually effective, but corticosteroid injections, minimally invasive procedures, or surgery may also be needed."

Non-surgical treatments include exercises to stretch and strengthen the plantar fascia tissue and the calf. These are often combined with massage, icing, and wearing supportive shoes or inserts (no more bare feet or flip-flops!).

If you want to regain the spring in your step, call (509) 793-9770 for an appointment. S



Dr. Arezou Amidi, full-time podiatrist at Samaritan Healthcare, provides surgical and non-surgical care for foot and ankle conditions for patients of all ages.

## In good company: The surgeons of Samaritan.







Dr. Andrea Matson



Dr. Jordan Smith

It's comforting to know that surgical procedures—from heart surgery to hernia repair—can be performed close to home in Moses Lake. The three surgeons in Samaritan Healthcare's General Surgery department specialize in diagnosing and surgically treating a wide range of medical conditions.

#### **Dr. Thomas Tuszynski**

Samaritan Healthcare is pleased to announce that Dr. Tuszynski, a full-time cardiothoracic surgeon, has joined our surgical team. Trained as a cardiothoracic surgeon, Dr. Tuzynski performs a wide variety of surgeries to support Samaritan patients and Samaritan's level three trauma program.

"It's gratifying to provide surgical care for patients at Samaritan," said Dr. Tuszynski. "Offering vital surgical procedures for the heart and lungs improves quality of life (and even saves lives). When we can provide cardiothoracic surgery here, it allows patients to receive life-saving procedures without needing to travel."

#### Dr. Andrea Matson and Dr. Jordan Smith

General surgeons Dr. Andrea Matson and Dr. Jordan Smith have years of experience. They perform a wide variety of surgical procedures, including appendix removal, breast biopsies, hernia repair, emergency surgeries, and more. They provide total patient care throughout a patient's surgical experience—from clinic

appointments and initial diagnosis, to performing surgery, and their progress through recovery.

Dr. Matson's compassionate nature complements her surgical expertise. "My guiding principle is to heal people," said Dr. Matson. "I enjoy getting to know patients as I diagnose their conditions and perform the surgical procedures they need."

"As a surgeon, my approach to patient care is also being personable," said Dr. Smith. "I enjoy talking to my patients, and helping them to smile and feel at ease, even as we discuss the surgery they need to become well or to assist them in attaining a healthier life."

Samaritan's surgeons are highly skilled and trained in a variety of techniques—including traditional and minimally invasive surgeries and both common and complex conditions. In addition to cardiothoracic procedures, their experience in surgical procedures includes bariatric, laparoscopic (small incisions), colonoscopies and endoscopies, appendectomies, hepatobiliary surgery, hernia repair, emergency surgery, and more.

To learn more about general surgery at Samaritan, make an appointment with your family medicine provider and ask for a referral. Call (509) 793-9770 for an appointment.

### Hospital News



## State-of-the-art procedures at Samaritan Orthopaedics.

#### VELYS™ precision-crafted knee replacements and hip surgery with Rapid Recovery.

What do the latest developments in orthopaedic surgery at Samaritan Healthcare mean for you? If you need a knee replacement, Dr. Leo Chough, our highly skilled orthopaedic surgeon, uses the VELYS™ Robotic-assisted Solution—a precise and highly accurate technology that customizes your knee replacement for the best fit. If your hip is wearing out, Dr. Chough is highly experienced in the anterior hip replacement, which leads to more rapid recoveries so you will be able to get back on your feet faster. Check out these innovative procedures!





Leo Chough, MD, FAAOS Orthopaedic Surgeon

**Board-Certified and Recertified in General/Sports Medicine Orthopaedics** 

#### **VELYS robotic-assisted knee replacement**

Dr. Chough performs knee replacements utilizing the VELYS Robotic-Assisted Solution—one of only seven VELYS units currently available in the Northwest. The device does not move or operate on its own. The technology and the procedure are controlled by the surgeon and include an infrared camera, optical aids, and other data that provides information about the patient's

"Because your knees are different from everyone else's, with the VELYS Robotic-Assisted Solution, I am able to use reliably precise technology," said Dr. Chough. "VELYS allows the implant to be placed as highly accurately as possible with the best balance providing more consistent results. Combining the accuracy with effective pain management, allows for same-day discharge following surgery and creates a very powerful combination directed toward best success in having a knee replacement."

#### Muscle-sparing, anterior hip placement

Dr. Chough has always been committed to refining and perfecting the best surgical solution that utilizes a muscle-sparing surgical technique for anterior hip replacement. This minimally invasive surgical procedure allows the muscles to be moved aside rather than cut—allowing the surgeon to replace the hip through a single, short incision, without detaching the muscle from the pelvis or femur. Dr. Chough has successfully performed anterior hip replacement surgeries since 2003 and he was also a live, regional instructor for other surgeons wanting to learn the anterior hip technique.

"I want my patients to get back to enjoying their active lifestyles quickly and with as little pain as possible," said Dr. Chough. "By using muscle-sparing surgical techniques, I help patients recover faster, experience less pain, and return to their normal lives."

Dr. Chough is also highly skilled in arthroscopy (small incision surgery), reverse and regular shoulder replacements—as well as arthroscopic procedures, such as rotator cuff repair, ACL reconstruction/revision, and more. He is one of the few surgeons who are board-certified in both general orthopaedics and sports medicine, which provides an extra certificate of qualification. His years of training and experience stretch from the East Coast, to the Upper Midwest, and the Pacific Northwest.

Learn more at samaritanhealthcare.com/orthopaedics or call to schedule an appointment (509) 793-9770.

## Hospital News 🕕



## **Samaritan Presented Excellence in Community** Partnership Award

Samaritan Healthcare was recently recognized with an Excellence in Community Partnerships Award given by Life Centers Northwest, a nonprofit organization working with area hospitals to save lives through

The award was due to Samaritan's efforts in keeping a patient alive while searching for a hospital that could perform an organ donation.

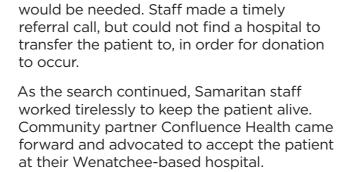
organ and tissue donation.

In late 2022, Samaritan emergency staff treated a patient and quickly recognized the clinical signs that organ and tissue donation would be needed. Staff made a timely referral call, but could not find a hospital to

Ultimately, the organ donation at Confluence helped to save four lives.

The award was given jointly to both Samaritan Healthcare and Confluence Health and was the first joint award of its kind in the 26-year history of Life Centers Northwest.

Life Centers Northwest serves more than 230 hospitals in four states—Washington, Alaska, Montana and northern Idaho.





#### **JOIN US ON THURSDAY SEPTEMBER 14, 2023**

The Links at Moses Pointe | 4524 Westshore Drive NE, Moses Lake, Washington

#### Save the date for our Fall **Desert Golf** Classic!

Proceeds go toward the #BuildCommunity capital campaign.

To inquire about sponsoring a team or to volunteer, see Samaritan Foundation's Facebook or please contact the Foundation Office: (509) 793-9645 or foundation@samaritanhealthcare.com.

#### **Need a HEALTH PARTNER?**

#### **ADULT AND INTERNAL MEDICINE** James Ewell, PA-C

#### **ALLERGY & IMMUNOLOGY BEHAVIORAL HEALTH**

Teresa Hutsell, ARNP, PMHNP-BC Jonathan Ingram, ARNP, PMHNP-BC Brittany Kesten, PMHNP-BC Elizabeth Walker, MHP, NCC, LMHC Fabian Gonzales, LMHC

#### **CARDIOLOGY**

#### **CARETODAY**

Brett Hymas, PA-C Diane Savarese, PA-C Christina Thurston, PA-C Mitch Valente, PA-C.

#### **DIABETES CARE & EDUCATION**

Pam Dick, MS, RDN, CDCES, CMA

#### **FAMILY MEDICINE**

Andrea Carter, MD Hayley Heesemann, MD Lisa Kieneker, MD Stephen Noorlander, MD Pranav Patel, MD Zachary Thomas, DO Bob Ebel, PA-C

#### **GASTROENTEROLOGY**

Paul Warfield, MD Tricia Stevens, DNP, FNP

#### **GENERAL SURGERY**

Thomas Tuszynski, MD Andrea Matson, DO Jordan Smith, DO

#### **OB-GYN**

Ryan Rasmussen, MD Lizzv Bonadies, CNM

#### **ORTHOPAEDICS**

Leo Chough, MD Brett DeGooyer, DO

#### **PAIN MANAGEMENT**

Amanda Yanska, ARNP

#### Calle Ann Gonzales, MD Kimberlee E. Poole, ARNP

**PEDIATRICS** 

**PODIATRY** 

#### Arezou Amidi, DPM **UROLOGY**

Trisha Kruger, MD Chris Lewis, ARNP

**SAMARITAN CLINIC** 

## Samaritan Clinic on Patton Samaritan Clinic C

SAMARITAN CLINIC ON PATTON MAIN NUMBER | (509) 793-9781 8420 Aspi Blvd, Moses Lake

community service for the friends and patrons of SAMARITAN HEALTHCARE, 801 E. Wheeler Road. Moses Lake, WA 98837, telephone: 509-765-5606. website: samaritanhealthcare.com.

Gretchen Youngren Chief Development & Communications Officer

Information in THE SAMARITAN comes you have any concerns or questions about specific content that may affect your health, please contact your healthcare provider.

SUMMER 2023

Follow us on:





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SamaritanHealthcare.com