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Samaritan Healthcare 801 E. Wheeler Road Moses Lake, WA

Samaritan HEALTHCARE WINTER 2021 Samaritan HEALTHCARE WINTER 2021 Samaritan HEALTHCARE WINTER 2021

Samaritan Urology

Specialty care involving the urinary tract for men and women.

Urology is more than treating kidney stones—it covers a wide variety of urologic health concerns. Patients in the Moses Lake area can now receive complete care for urologic health without having to travel—from initial consultation and diagnosis, to treatment and follow up.

Samaritan Healthcare's new urology department is headed by experienced urologist, Dr. Trish Kruger. For the last 10 years, Dr. Kruger had been serving the eastern Washington area at Spokane Urology. Dr. Kruger is now the on-staff urologist at Samaritan, where she and the team provide comprehensive specialty care for men's and women's urologic diseases and conditions affecting the urinary tract, as well as men's reproductive health, including vasectomies. In addition to providing diagnosis and treatment, they offer preventive-care procedures and disease management.

Dr. Kruger helps patients learn how to prevent and manage conditions through lifestyle changes, physical therapy, medication, or surgery. Building relationships with her patients and providing them with treatment options are key components of Dr. Kruger's practice.

"With urology there isn't always one right answer," said Dr. Kruger. "There can be many different treatment options, from dietary changes or medication, to physical therapy or a surgical procedure. I take the time to listen and get to know my patients so that we can create a treatment plan together."

Dr. Kruger diagnoses and treats conditions that affect the kidneys, ureters, bladder, urethra, and male reproductive organs. She offers both surgical and nonsurgical treatment options for urinary stones, erectile dysfunction, men's and women's urinary incontinence, urological cancers, prostate health, and other urological concerns.



 $\hbox{Dr. Trisha Kruger, on-staff urologist at Samaritan Healthcare}.$

Dr. Kruger has a special interest in urinary stones and provides in-depth treatment with ureteroscopy and laser lithotripsy, extracorporeal shockwave lithotripsy (ESWL), and percutaneous nephrolithotomy (PCNL) for more complex stones.

"I'm excited to be able to provide urological services right here in Moses Lake," said Dr. Kruger. "I enjoy educating patients about urologic health and providing open communication about treatment options and general wellness."

Talk to your doctor about a referral for urologic care. Learn more at samaritanhealthcare.com or call (509) 793-9770.

Services offered by Dr. Kruger include:

- Kidney stones
- Vasectomy
- Enlarged prostate
- Urinary incontinence and overactive bladder
- Erectile dysfunction
- Bladder cancer
- Prostate cancer
- Testicular cancer
- Hematuria (blood in urine)
- Elevated PSA



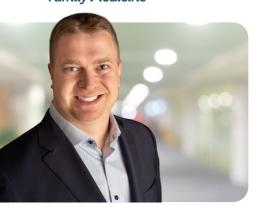
Hospital News



Calle Ann Gonzales, MD Pediatrics



Hayley Heesemann, MD Family Medicine



Brandon Penix, DO Occupational Medicine



Amanda Yanska, ARNP Pain Management

Welcome, new providers!

Samaritan welcomes pediatrician, **Dr. Calle Ann Gonzales**, to the team with Dr. Ladan Modallel, Dr. Sara Ali, and Kim Poole, ARNP. Dr. Gonzales is highly experienced and chose Moses Lake where she could combine her passions for rural pediatric medicine with a family oriented community and outdoor activities. She especially enjoys providing complex pediatric care.

"I had a great childhood, growing up in the tiny town of Anderson, Alaska," said Dr. Gonzales. "My dad worked at the nearby military base and both my parents worked hard so I could go to college. Despite the challenges of living in a remote community, I loved the way people pulled together to help others in Anderson with the talents they had." Now she brings this sense of community to Moses Lake.

"I like finding out what is important to my patients," said Dr. Gonzales. "Overall health is one sliver in patient care—food, social support systems, and finances play an even larger role in my patients' health. I enjoy getting to know my patients and their families so I can provide the best care."

Dr. Hayley Heesemann has joined Samaritan Healthcare's Family Medicine team! Dr. Heesemann became interested in medicine at a very young age when she observed the ongoing medical care provided to her grandfather, who had a chronic condition. She decided then that she wanted to be the physician who could help others who needed medical care for the long-term—or for any healthcare condition throughout their lives—from babies to elders.

Dr. Heesemann provides the full spectrum of primary care, including well-child exams, women's and men's health, preventive health, sports medicine, mental health, chronic conditions, and more.

"Because my family is extremely important to me, I enjoy caring for families—I treat every patient like one of my own family," said Dr. Heesemann. "I especially appreciate being able to establish genuine, trusting relationships with my patients so we can work toward their better health, together."

Specializing in preventing, diagnosing, and treating work-related illness and injury, **Dr. Brandon Penix** helps businesses to improve workforce health, increase productivity, and decrease workers' compensation claims.

As an experienced Occupational Medicine physician, Dr. Brandon Penix partners with area businesses to provide drug screenings, employment physicals, return-to-work evaluations, and more. He also manages workers' compensation cases and works closely with personal injury attorneys to complete independent medical exams.

"I'm excited to provide access to occupational medicine services for the aerospace, agriculture, and manufacturing industries right here in Moses Lake," said Dr. Penix. "Employees will be able to receive care without having to travel far or wait months for an appointment."

Dr. Penix is part of the Washington State Department of Labor & Industries' Medical Provider Network (MPN). He is a certified DOT Medical Examiner, as well as a licensed Medical Review Officer (MRO).

Amanda Yanska, ARNP, recently joined Samaritan's Pain Management department to work with Dr. Kemesha Delisser and the team.

Amanda grew up in a medical family and her first job as a teenager was learning the basics of dentistry with her dentist-father during summer breaks. As an advanced registered nurse practitioner, Amanda brings a diverse and highly experienced background—having served communities in Michigan as a sterilization tech, firefighter, EMT, behavioral health tech, and RN on her telemetry unit. While she achieved success in various occupations, the medical field continually drew her back. She enjoys helping people to feel better—no matter what stage of life they are in.

"Connecting and partnering with the people I am helping is important," said Amanda Yanska. "Being able to understand what they think about a treatment and adjusting the way I provide the information, helps me to explain things to them so they grasp it. It becomes their 'Aha moment' and they are ready to move ahead."



Regain your freedom to move again.

Samaritan Orthopaedics and Sports Medicine.

If there is ongoing pain in a knee, shoulder, hip, or other areas of the body, living with that pain affects all areas of a person's life. And if a job leads to pain—whether farming, parenting, performing as an athlete, or an uncomfortable desk chair—it becomes hard to work well, manage tasks, and enjoy activities. The expertise of our orthopaedics and sports medicine team can help!

Dr. Leo Chough, orthopaedic surgeon, Dr. Brett DeGooyer, sports medicine physician, and Chris Stone, certified physician's assistant, make up our orthopaedic and sports medicine care team. Dr. Chough and Dr. DeGooyer are fellowship-trained in sports medicine—increasing their expertise as experienced orthopaedic physicians.

Dr. Chough is highly skilled in arthroscopy (small incision surgery), ioint replacements, anterior hip replacement, knee replacement, and reverse and regular shoulder replacements. He has always been committed to refining and perfecting the best surgical solution for anterior hip replacement. This technique allows the hip to be replaced through a single, short incision without detaching the muscle from the pelvis or femur. Dr. Chough has performed anterior hip replacements since 2003 and served as a regional, live instructor for other surgeons wanting to learn the technique.

Dr. DeGooyer is our sports medicine physician. His wide range of professional experience and active approach to healing provides treatments for patients of all ages when injuries do not require surgery. Dr. DeGooyer also offers Tenex Health's minimally invasive technology, which was developed in collaboration with the Mayo Clinic. The Tenex Health method is an effective and innovative breakthrough for the treatment of chronic tendon pain without requiring conventional surgery.

Chris Stone is a physician's assistant on Samaritan's orthopaedic care team. Along with assisting Dr. Chough with orthopaedic surgeries, Chris provides patient care in the clinic for conditions including hip or knee pain, sprains, fractures, dislocations, joint injections, and more.



Dr. Leo Chough examining an Orthopaedics patient.

Winter is a great time to have orthopaedic treatments or surgery so recovery can be well underway by spring.

If you need orthopaedic surgery, treatments, or sports medicine they're all available right here in Moses Lake, where you can be close to your family, close to home, close to healing. Be assured that orthopaedic treatments and surgeries are safe with social distancing, masks, and other health safety protocols as needed. Talk to your primary care doctor about a referral for orthopaedic care and learn more at (509) 793.9770 or samaritanhealthcare.com. §

Foundation News



#BuildCommunity

Samaritan Healthcare wouldn't be here without you—our community—and your generous hearts. More than 70 years ago the Moses Lake community banded together to transform healthcare, creating Public Hospital District No. 1 of Grant County—the first of its kind in our region. Today, we are calling on that same pioneering spirit with #BuildCommunity to make good on our 1947 promise that nothing is too good for the sick in need of health.

#BuildCommunity is our pledge to continue offering access to affordable, comprehensive healthcare and innovative medical technology to the people of our region—development for a new hospital has begun. A replacement campus is necessary to meet community demand for comprehensive, state-of-the-art healthcare and to best serve regional communities for decades to come.

This is a culmination of our planning, research, data, and community input over the last three-plus years. It's based on the needs of our community—your family, friends, and neighbors have told us this is needed. We listened and believe that as a region, we deserve it. Take the example of Todd and Paula Turner. Their video was

shown on GivingTuesday during the official kick-off of the #BuildCommunity campaign. This touching video reveals how Samaritan Healthcare helped Todd survive a "widowmaker" heart attack. If not for the timely response of the Samaritan medical community, he would not be alive today.

From 1947 to today, Samaritan Healthcare continues to take bold steps toward the future of medicine in our community. We believe local patients shouldn't have to travel for the healthcare they deserve and, above all, that healthcare should be affordable and accessible by all. And we believe the best is yet to come.

When you #BuildCommunity, you're giving today for a better tomorrow, just as our founders did before you. Together, we're creating healthier regional communities. S



Volunteer Spotlight ***



Thank you, volunteers!

We are shining the spotlight on all our volunteers and the many ways they have assisted during the thick of the pandemic. From helping to streamline screening at the hospital's main entrance to assisting with our drive-through testing site, and much more. Our volunteers are all amazing and we couldn't have done it without them!

Volunteers are needed in these areas:

- **Information desk** Providing directions throughout our facility, along with assisting our health screeners with screening all staff, patients, providers, visitors, and vendors who enter the facility.
- Gift shop— Volunteers greet and assist customers with merchandise and process transactions. Light stocking and cleaning on occasion.

Next steps to becoming a volunteer:

- 1. Submit an application online or in person at the hospital
- 2. Interview with the Coordinator of Volunteer Services
- 3. Have background and reference checks
- 4. Meet with Employee Health
- 5. Attend orientation

We are always looking for new volunteers. We'd love to hear from YOU! For more information about volunteering or to apply, call 793-9724 or visit samaritanhealthcare.com/volunteer.



Our volunteers enjoy assisting customers in the gift shop!



@samaritan.healthcare

Watch for our next monthly Ask Samaritan event-live on Facebook!

Need a HEALTH PARTNER?

ADULT AND INTERNAL MEDICINE Zubair Ali, MD Jazab Sheikh, MD James Ewell, PA-C

BEHAVIORAL HEALTH Fiza Khan, MD

Nicole Avila-Parker, ARNP. PMHNP-BC Teresa Hutsell, ARNP, PMHNP-BC Jonathan Ingram, ARNP, PMHNP-BC Fabian Gonzales, LMHC Heather Anderson, LICSW

FAMILY MEDICINE

Andrea Carter, MD Havley Heesemann, MD Stephen Noorlander, MD Pranav Patel, MD Sahand Vafadary, MD Tara Zamarron, ARNP, FNP-C hevenne Fach, PA-0

GASTROENTEROLOGY Paul Warfield, MD H. Scott Mounts. ARNP

OCCUPATIONAL MEDICINE

Brandon Penix, DO

Ryan Rasmussen, MD Lizzy Bonadies, CNM

ORTHOPAEDICS

Leo Chough, MD Brett DeGooyer, DO Chris Stone, PA-C

PAIN MANAGEMENT Kemesha Delisser, MD Amanda Yanska, ARNP

PEDIATRICS

Sara Ali, MD Calle Ann Gonzales, MD Ladan Modallel, MD, FAAP Kimberlee E. Poole, ARNP

PEDIATRIC ENDOCRINOLOGY Sara Ali, MD

PODIATRY

Arezou Amidi, DPM

URGENT CARE Bob Ebel, PA-C Brett Hymas, PA-C Rich Stowe, PA-C Christina Thurston, PA-C Robert Weiss, PA-C

UROLOGY Trisha Kruger, MD

Samaritan Clinic on Patton Clinic C

MAIN NUMBER | 793-9781 8420 Aspi Blvd, Moses Lake

SAMARITAN CLINIC ON PATTON

community service for the friends and patrons of SAMARITAN HEALTHCARE, 801 E. Wheeler Road.

Moses Lake, WA 98837 telephone 509-765-5606 website samaritanhealthcare.com

Gretchen Youngren Executive Director of Development & Communications

Information in THE SAMARITAN comes you have any concerns or questions about specific content that may affect your health, please contact your healthcare

WINTER 2021

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