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Samaritan Healthcare Foundation 801 E. Wheeler Road Moses Lake, WA

# Samaritan HEALTH CARE WINTER 2020 Samaritan WINTER 2020 Samaritan Care WINT



# Samaritan joins accountable care organization.

Coordinating care reduces overall costs for Medicare patients.

At Samaritan, we continually evaluate how we deliver healthcare right here, to the residents and families of our community. That's why we joined into a partnership with the Caravan Health Accountable Care Organization (ACO) in 2019—to improve care for patients by ensuring they continue to get the right care at the right time.

By participating in an ACO, groups of hospitals, clinics, physicians, and advanced practice clinicians work together to coordinate care for Medicare patients. This allows us to reduce the overall costs to the patients and the healthcare system.

Samaritan's Medicare patients benefit by taking part in annual wellness visits and chronic care management—both of which were services started with the assistance of our ACO partner.

"We have been able to better identify patients in need of services, improve their outcomes, and keep them from needing to visit Samaritan's emergency department," said Kyle Kellum, executive director of Samaritan clinics and regional board member of

ACO. "An ACO puts quality in the spotlight, ensures continued focus on improving the way we look at healthcare, and improves the health of our community."

Areas of focus with an ACO are wellness, prevention, chronic care management, behavioral/mental health support, and more. The goals are to improve the quality of the patient/caregiver experience, care coordination/patient safety, preventive health, and at-risk population.

To achieve the goals, nurses perform Medicare annual wellness visits, chronic care management, advanced care planning, and transitional care management. These all help reduce readmission rates and emergency department visits for Samaritan's Medicare patients.

"As patients have shared their stories with us, we have witnessed firsthand the ways our new programs have contributed to their health and the overall health of our community," said Kellum. "We've been able to work closely with our patients and keep them out of the emergency department. It's a win-win!"



# Pediatric News 🌲

# Pediatrics and pediatric endocrinology.

Comprehensive care that takes your child's health seriously.

Our pediatrics providers at Samaritan are a team that cares for children of all ages, from infants to young adults. Pediatricians Dr. Ladan Modallel and Kimberlee Poole, ARNP, and pediatric endocrinologist Dr. Sara Ali, listen and get to know their patients and their families.

Dr. Modallel has years of experience offering state-of-the-art care for infants, children, teens, and young adults. She loves working with babies and children of all ages.

"As a pediatrician, I enjoy the diversity of healthcare needs in my young patients of all ages," said Dr. Modallel. "I especially enjoy caring for newborns. It's gratifying to be able to begin with an infant and then to continue providing their care as they grow and develop."

Endocrinology is a specialty involving the endocrine glands and the hormones they produce. Dr. Sara Ali is fellowship trained and board certified in pediatric endocrinology and has performed extensive endocrinology research. She forms close-knit relationships with her patients and includes them, their parents, and their Samaritan primary care providers to determine the best treatments for their conditions and lifestyles.



Sara Ali, MD, FAAP

"The most common disease of this specialty is type 1 diabetes," said Dr. Ali. "The next most common concern is growth disorders (often revealed when charting a child's growth patterns), as well as variations of puberty (such as early or late puberty) and other adrenal, thyroid, and pituitary

problems. As an endocrinologist, I am continually aware that I care for the person, while managing the condition."

Because the pediatric care team treats patients from infancy to young adulthood, they become an integral part of not just their care, but their lives. Building close-knit relationships makes it easier to find treatments that work for the patients, their conditions, and their daily lives.

Our Pediatrics providers deliver the very best care for our region's children—from infants on up.

Pediatrics care team, (509) 793-9787. 🔄

Because they work together as a team, it makes it easer

all providers. Call to schedule an appointment with our

for busy families to schedule pediatric appointments with

Ladan Modallel, MD, FAAP

Pediatric Services Include:



- New baby assessments and education
- Preventive medicine
- Immunizations
- Sports physicals
- Complete adolescent care
- Asthma and breathing issues
- Diabetes management (types I and II)
- Congenital and acquired thyroid disorders
- Disorders of growth and puberty
- Weight management
- Behavioral evaluation and treatment
- Developmental concerns
- Pituitary hormone deficiencies
- Special-needs children care coordination
- Same-day sick visits
- Other chronic conditions

# Emergency Department News



# **Emergency Department partners** with Sound Physicians

Doctors will live and participate in the community.

As another step forward in achieving Samaritan's overall vision for providing high-quality healthcare in our community, we've partnered with Sound Physicians for medical staff to provide services in our emergency department. Sound Physicians is a national network of physicians that offers acute care to hospitals—a service they have been providing nationwide for more than 18 years.

"The level of care and professionalism of Sound Physicians focuses on improving quality, which is always one of our primary goals at Samaritan," said Theresa Sullivan, CEO

of Samaritan Healthcare. "In looking for an organization with high-quality physicians to contribute their expertise to our emergency department services, Sound Physicians revealed themselves to be the best fit for our patients and our region."

In addition to providing acute care services in the emergency department, Sound Physicians' doctors will also live and participate as members of the community, which allows them to get to know the residents and the culture of the Moses Lake area. Whether in the emergency department or out and about in the community, we welcome Sound Physicians and the services and contributions they provide.

# Foundation News 🎓



# BOURBON & BOWTIES 2020

# Friday, April 24, 2020 | Grant County Fairgrounds

Join us for the 2nd Annual Bourbon & Bowties Gala, an elegant evening featuring Columbia Basin's best wines, brew, spirits, and fine dining. Black-tie dress is encouraged for this 21+ event.

Bourbon & Bowties benefits the Samaritan Healthcare Foundation's mission to ensure the continued availability of high-quality healthcare programs and services offered through Samaritan Healthcare.

The proceeds from the 1st Annual Bourbon & Bowties Gala contributed to the \$1.5 million purchase cost and installation of the much-needed, state-of-the-art GE Signa Artist Tesla 1.5 MRI machine at Samaritan Hospital.

All proceeds from this year's event will be allocated to #BuildCommunity—Samaritan Healthcare's new medical campus. #BUILDCOMMUNITY focuses on expanding access to care and continuing to purposefully grow our specialties of care.

Our goal for the new hospital is to allow our medical staff to care for our patients in an environment that is specifically designed and constructed to maximize their talent, time, workflow, and efficiency. A new medical campus will provide our hospital patients with much-needed separation from the organizational, operational, and public spaces of the hospital—allowing for a more quiet and peaceful healing environment.



### 6-7 PM: SOCIAL HOUR

Tasting of Washington's finest wine, beer & spirits!

4 Wineries, 3 Breweries, 2 Distilleries



## 7:15-8 PM: DINNER IS SERVED

Come and taste all that the Columbia Basin has to offer!

Hors d'oeuvres, Entrée, Dessert



### 8:15 PM: PROGRAM & AUCTION

Give back & give BIG for the future of Healthcare in the Columbia Basin!

- (10-12) Lucky Chance Experience Packages valued at \$2,000 each
  - Guests can purchase a Lucky Chance booklet of 25 tickets and receive a custom-label bottle of wine
  - Lucky Chance package winners drawn at random.
  - Must be present to win.
- Raise The Paddle for Healthcare



2020 Gold Sponsors:







# CONTACT US

We want to hear from you! If you have questions about the event or sponsorship opportunities, contact the Samaritan Healthcare Foundation.

eMail: foundation@samaritanhealthcare.com

Phone: 509-793-9645

Visit **bourbonbowtiesevent.com** to register as an event sponsor or purchase your tickets. The website also has an updated list of featured wineries, distilleries, breweries, restaurants, and event information.









# Moses Lake resident appreciates new Tesla 1.5 MRI machine.

Thanks to generous donors to Samaritan Healthcare Foundation.

Cameron Melseth is no longer reluctant to schedule an MRI procedure now that Samaritan Healthcare has installed a new, state-of-the-art GE Signa Artist Tesla 1.5 MRI machine at Samaritan Hospital.

The purchase of the MRI was made possible in part, thanks to the Samaritan Healthcare Foundation, whose generous donors contributed \$400,000 toward the \$1.5 million purchase cost.

While the new MRI machine provides residents of Grant County with local access to high-quality MRI technology with sharper images and more accurate results, it also accommodates patients who are claustrophobic or need extra monitoring, like Cameron.

Cameron has had dozens of MRIs and he said it was the nicest machine he's ever been in. The new machine at Samaritan is large enough to accommodate his 6-foot, 5-inch frame without feeling closed in and he felt cool and comfortable during the entire procedure.

"It's been frustrating to me before to try and fit into the old, smaller MRI machine," said Cameron. "I've had to pull out or cancel appointments because it was just too uncomfortable. In the new MRI, I was so relaxed, I actually began to doze off!

He chose the music he wanted to listen to in the headphones and he was able to clearly hear the technician during the procedure.

"I also have a poor immune system and I noticed right away how clean and disinfected it was," said Cameron. "I especially appreciate that I no longer need to travel more than two hours to have an MRI. It was the best one I've ever had."



And especially, the sharper images of the new MRI machine provided the diagnostic imaging needed by Cameron's healthcare provider.

The new MRI machine is located in its own space in Samaritan Hospital and replaces a leased MRI that had been located in a trailer parked at Samaritan Clinic. Having a highquality Tesla 1.5 MRI within the hospital is more convenient for patients and staff alike, and it eliminates high lease fees. Hospital patients or those admitted to the Emergency Department will also no longer need to take an ambulance to and from the clinic—or pay ambulance transfer fees—to receive an MRI. Operating hours are more flexible and the new machine can accommodate more patients.

"The technology and images of the new Tesla MRI machine are far superior to our former MRI," said Alex DeLeon, MRI technologist at Samaritan Healthcare. "In addition to more precise imaging, the new unit is faster, quieter, and more comfortable. As a patient advocate, I'm excited to be able to offer our community the best quality of care they deserve."

If you need an MRI, ask your doctor about scheduling a Tesla 1.5 MRI at Samaritan Hospital. 🛐

# Patton Clinic News



# Care close to home, work, and you.

Samaritan Clinic on Patton and on Pioneer Way.



Our physicians and providers at Samaritan Healthcare have been working as a team to provide quality family medical care for more than 70 years. For complete healthcare for your ongoing or immediate needs, visit one of our Samaritan clinics—our new clinic now open on Patton in North Moses Lake or our existing clinic on Pioneer Way.

The Samaritan Clinic on Patton specializes in Family Medicine and Urgent Care services. Dr. Hollie Matthews, Dr. Zubair Ali, Dr. Pranav Patel, and Cheyenne Faeh, PA-C, provide Family Medicine care for patients of all ages for a full range of needs—from preventive health or illness, to immunizations, infant or well-child exams, sports physicals, and the full range of women's and men's health concerns.

**Urgent Care and Family Medicine** are now conveniently located in North Moses Lake.

-Kyle Kellum, Executive Director of Clinics

Patients can also have their labs drawn and receive x-rays onsite at the Patton Clinic.

"Many things can affect a patient's health, so establishing trust is important in providing high-quality care and treatment," said Dr. Patel. "When we can help patients feel at ease and learn their stories—especially making connections that span generations to care for entire families—we can better care for them."

Our Urgent Care teams at our clinics on Patton and Pioneer Way are open to everyone so you have access to the care you need, when you need it—without an appointment and without the cost of an emergency room visit. You do not have to be a Samaritan Clinic patient to use it.

Bob Ebel, PA-C, provides Urgent Care services at the Patton Clinic.

"Moses Lake is my hometown and I have worked in healthcare here for many years," said Ebel. He examines, diagnoses, and treats patients of all ages—from infants to elders and every age in between—providing care for minor injuries, acute illnesses, allergic reactions, and more. His patients appreciate his ability to listen and he is well known for his calm and reassuring personality.

Whether you need Family Medicine, Urgent Care, or have other healthcare needs, contact Samaritan Clinic on Patton or Samaritan Clinic on Pioneer Way. Our doctors, advanced practitioners, nurses, and staff are fully committed to helping and supporting patients of all ages with care and compassion.



**Samaritan Clinic on Patton:** Family Medicine Appointments: 793-9781.

**Samaritan Clinic** 

on Pioneer Way: Appointments: 793-9770. **Samaritan Clinic on Patton: Urgent Care** 

8420 Aspi Blvd (Aspi/Patton Blvd. intersection) North Moses Lake Walk-in, no appointment necessary: (509) 793-9782 Hours: Mon.-Fri., from 8 a.m. to 5:30 p.m.

Samaritan Clinic on Pioneer Way: **Urgent Care** 

1550 S. Pioneer Way, Moses Lake Walk-in, no appointment necessary: (509) 793-9790 Hours: Mon.-Fri., 8 a.m.-7 p.m.

Sat./Sun., 9 a.m.-6 p.m.

# Virginia enjoys helping at the information desk.

Retired nurse calls helping others "a great feeling."



Every Thursday morning for the last two years, Virginia (Ginny) has volunteered at our information desk—helping patients, visitors, and staff by providing directions and answering questions, among other duties.

After retiring in 2017, Virginia took a year to consider volunteer opportunities. She'd spent most of her career in public health over 31 years as a clinic nurse, public health nurse, and certified school nurse, then another 9.5 years as a nurse case manager for a Blue Cross company. Although she'd only ever worked in a hospital as a student, hospital volunteering seemed a good fit—she was right!

> Rvan Rasmussen, MD Lizzy Bonadies, CNM

**ORTHOPAEDICS** 

Leo Chough, MD

**PODIATRY** 

Arezou Amidi, DPM

Brett Hymas, PA-C

Robert Weiss, PA-C

Christina Thurston, PA-C

Rich Stowe, PA-C

URGENT CARE

Bob Ebel, PA-C

Brett DeGooyer, DO Chris Stone, PA-C

PAIN MANAGEMENT

Kemesha Delisser, MD

Ladan Modallel, MD, FAAP

Kimberlee E. Poole, ARNP

### Giving to others in life is the greatest blessing a person can experience. -Ginny, Volunteer

"As an extrovert, I like meeting new people and interacting with them," said Virginia. "I enjoy answering questions, helping people get to admitting for appointment check-ins, and directing them to the area that they need, such as the lab or hospital short stay."

Outside of the Samaritan info desk, Virginia volunteers in the Alliance Church's baby nursery as well as at the welcome desk. As a deaconess, she assists with widows, funerals, and in praying for the needs of her congregation. Virginia is also active in a chapter of the Moses Lake Philanthropic Education Organization—a women's group dedicated to raising money to support higher education for women in financial need. This year, her chapter raised several thousand dollars toward that goal. When she's not volunteering, Virginia enjoys fishing and golfing.

"Giving to others in life is the greatest blessing a person can experience," Virginia said.

We love Virginia—she's another perfect example of our Samaritan core values of listen, love, and respect in action.

For more information about volunteering or to apply, call 793-9724 or visit samaritanhealthcare.com/about-us/volunteer. 🔄

### Need a HEALTH PARTNER?

ADULT AND INTERNAL MEDICINE Zubair Ali, MD Jazab Sheikh, MD James Ewell, PA-C

BEHAVIORAL HEALTH Fiza Khan, MD Nicole Avila-Parker, ARNP, PMHNP-BC

Teresa Hutsell, ARNP, PMHNP-BC Jonathan Ingram, ARNP, PMHNP-BC Fabian Gonzales, LMHC Heather Anderson, LICSWA

**FAMILY MEDICINE** 

Andrea Carter, MD Hollie Matthews, MD Pranav Patel, MD Sahand Vafadary, MD Lexie Zuver, DO H. Scott Mounts, ARNP Tara Zamarron, ARNP, FNP-C Chevenne Faeh, PA-C Ethan Washburn, PA-C **GASTROENTEROLOGY** Paul Warfield, MD

**SAMARITAN HOSPITAL** MAIN NUMBER | 765-5606

801 E. Wheeler Road, Moses Lake

**SAMARITAN CLINIC** MAIN NUMBER | 793-9770 1550 S. Pioneer Way, Moses Lake

**SAMARITAN CLINIC ON PATTON** MAIN NUMBER | 793-9781 8420 Aspi Blvd, Moses Lake

Samaritan Clinic on Patton PEDIATRIC ENDOCRINOLOGY Clinic C

community service for the friends and patrons of SAMARITAN HEALTHCARE, 801 E. Wheeler Road, Moses Lake. WA 98837 telephone 509-765-5606, website samaritanhealthcare.com.

Gretchen Youngren Executive Director of Development & Communications

Information in THE SAMARITAN comes from a wide range of medical experts. If you have any concerns or questions about specific content that may affect your health, please contact your healthcare provider.

WINTER 2020

SamaritanHealthcare.com